



Your resource for building resilient relationships + cultures.

## VISION

We cultivate thriving cultures.

K Communications serves as a trusted guide in building authentic, inspiring, and resilient cultures that foster thriving teams.



# MISSION

At K Communications, we empower leaders with the ability to inspire and connect in ways that transform their relationships and their organizations. We serve as our clients' confidential sounding board to raise awareness and resolve issues that impede their ability to confidently lead.

We believe in the power of meaningful conversations – and provide our clients with the knowledge and skills to build respectful, trusted, and cohesive teams that deliver excellence. Through our organizational health assessments, trainings, coaching, facilitations, and on-call business therapy, we expand the capacity for leaders to masterfully navigate sustainable growth and affect positive change.

## WE BELIEVE IN:

- Cultivating Potential + Inspiring
  Excellence
- Driving Performance + Embracing Accountability
- Respecting our Clients' Expertise + Fostering Collaboration and Connection
- Maintaining Integrity in the Conversation + Tackling Challenges Head-On
- Leading with Purpose, Passion, + Empathy
- Making our Work Fun + Rewarding

#### Drive Empower people to communicate, connect, performance.engage & commit.

Know your value. Honor your gifts & the process. Love your life & your work. Set the tone. **Rise to the challenge.** 

Choose total accountability. Demand your best. Keep your agreements. **TAKE INITIATIVE.** Collaborate. Make it fun. Create abundance. Practice loving kindness & compassion.

CULTIVATE VIBRANT & THRIVING WORK PLACES. INSPIRE EXCELLENCE. TRANSFORM TO YOUR HIGHEST POTENTIAL. RESPECT EACH OTHER.

Be impeccable with your word. Be willing to take risks & make mistakes. Be passionately curious. Be proud & humble. Be a trusted advisor.



Be open to feedback. Maintain integrity in the conversation.

Embrace learning, growth & change. Live by your values. Nurture your soul. Tackle challenges head on. Fail harder. Savor the glory of your achievements.



slay the dragon. MAKE IT HAPPEN.

### GG Business Therapy. Have the conversation.



## CLIENT EXPERIENCES?

"Thank you for all your coaching, guidance, education, humor, and patience. You've set us on a strong, productive course for our communications, teamwork, and overall success!"

"I hear people using your info in conversations, huge to witness."

"I appreciate how safe you make people feel and you do it with such ease and grace."

"My brand of leadership you helped me create fits me like a tailored suit and already has made me a better leader." "The training is helping me deal with my inner critic when things don't go as planned...You have a gift!" "This is SO GOOD. It should be in every leader's toolbox."

> "Karen's coaching assisted me in navigating the best course of action."

"I am so grateful to have new tools to practice. And they are keeping me sane at home!"

"Your flexibility and willingness to tailor your training was invaluable. I had a call from one of our commissioners immediately after – he thought it was great!"

"Thanks so much for providing the value I had hoped for ... your stories and real-life experience are invaluable to learning."





<u>Rx@BizTherapy.biz</u> | 503.806.4361

For a dose of inspiration, subscribe to the Business Therapist's <u>"Virtual Couch"</u>

Cultivating Resilient Organizational Health: culture | leadership | communications | growth & change